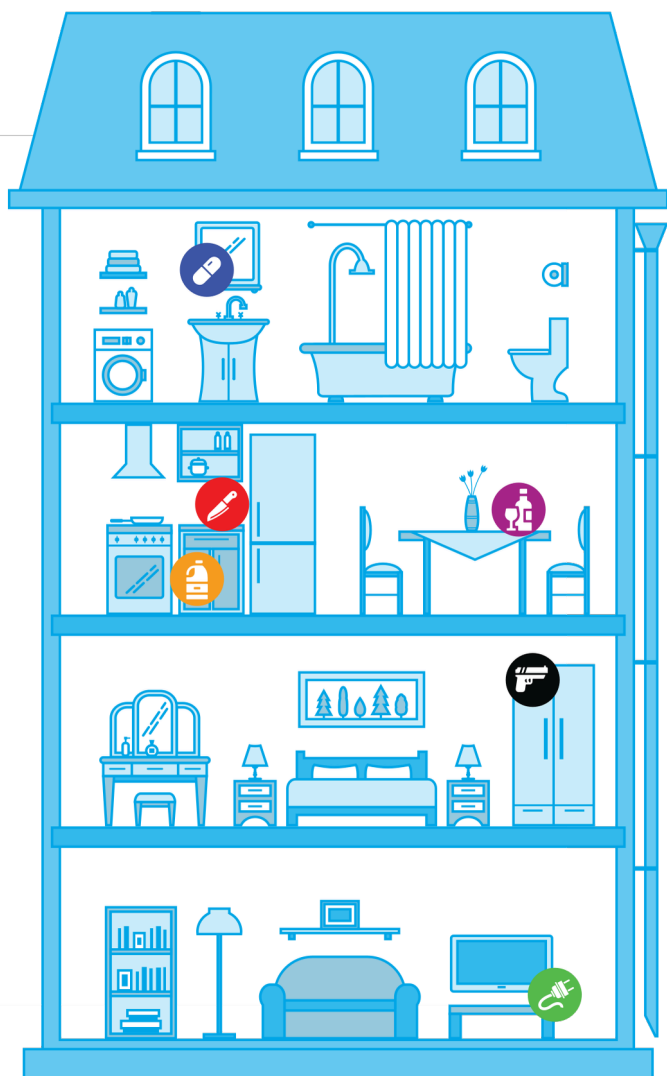


SAFE AT HOME FROM SUICIDE

A GUIDE FROM

When someone is experiencing a suicidal crisis, firearms, medications, cleaners, and other household items should be safely secured or removed to prevent serious injury and suicide. Following the guidance below can help SAVE a life.



MEDICATIONS

Store medications in a locked container or medicine cabinet. Dispose of or destroy unused or expired medications. FDA guidance on safely disposing of medication can be found at bit.ly/medicinedisposalsave.

CLEANERS

Keep cleaning supplies in a locked container or cabinet.

KNIVES OR SHARP OBJECTS

Store cooking knives in a locked cabinet and remove other sharp objects that could be used to cut or pierce. Keep sharp objects that are not regularly used in a secure box or container and place in a difficult to reach space or outside the home if possible.

ALCOHOL

Remove all alcohol from the home. If that is not possible, lock in a secure storage container or cabinet.

FIREARMS

When possible, remove firearms completely from the home. Check with local gun ranges or police departments about possible storage options. If guns cannot be stored outside the home, store ammunition and the gun separately, both in locked safes. Use cable locks or gun safety locks in addition to storing the firearm in a locked safe.

LIGATURES

Safely store or remove items such as large ropes, cords, belts, or other items that could be used to tie or bind things tightly.

OTHER ACTIONS YOU CAN TAKE TO KEEP YOUR LOVED ONE SAFE AT HOME

- Search your basement, garage, shed, or other places on the property to be sure items are not being hidden or stockpiled.
- Stay alert for new items or products entering the home that could be harmful or dangerous.
- Check daily to ensure quantities of medications, alcohol, or other toxin/poisons that could not be removed from the home remain the same.
- Contact local law enforcement, pharmacy, or doctor for more guidance on how to safely store, remove, or safely dispose of lethal items.